

# TQUK LEVEL 2 CERTIFICATE IN SELF-HARM AND SUICIDE AWARENESS AND PREVENTION



Aged 19+ at the beginning  
of the academic year



Lived in the EU  
for 3 years



Available  
fully funded

Anyone can be at risk of developing suicidal feelings. These feelings can be heightened by varying factors such as changes in background, lifestyle or traumatic events. Suicide and self-harm can be a symptom of pre-existing mental health issues or an episode of mental distress. Also, it is important to be aware of any medications an individual may be feeling which could trigger these feelings. This course can help to develop key knowledge and understanding of Suicide and Self-Harm, allowing individuals to support those in their life who need it the most.

## Benefits

- Achieve a nationally recognised Level 2 qualification
- Further your personal and professional development
- Learn at a time that suits you without the need to attend college

## What you will learn

- Introduction to Suicide and Self-Harm Awareness
- Principles of Suicide and Self-Harm Prevention
- Recognising Signs of Suicide and Self-Harm in Individuals
- Support for Individuals when Dealing with Grief After Suicide