



# FLEXIBLE ONLINE COURSES

Level up with a free online course

ENROLLING NOW

# COURSES

## Mental Health, Wellbeing and Inclusion

---

- > Awareness of Men's Mental Health
- > Problems
- > Children & Young People's Mental Health
- > Climate Change & Environmental Awareness
- > Counselling Skills
- > Domestic Abuse
- > Equality & Diversity
- > LGBTQIA+ Inclusion in the Workplace
- > Mental Health Awareness
- > Mental Health First Aid
- > Personal Exercise, Health & Nutrition
- > Self Harm and Suicide Prevention

## Housing

---

- > Housing Practice
- > Tenant Support in Housing

## Eligibility Criteria

- > You must be 19 years or over
- > You must live in England
- > You cannot be on an apprenticeship

## Children and Young People

---

- > Adverse Childhood Experiences
- > Behaviour that Challenges
- > Caring for Children & Young People
- > Common Childhood Illnesses
- > Safeguarding & Prevent
- > Specific Learning Difficulties

## Retail and Hospitality

---

- > Cleaning Principles
- > Customer Service for Hospitality
- > Retail Knowledge
- > Warehousing & Storage

## Business

---

- > Business Administration
- > Business Start-Up
- > Business Improvement Techniques
- > Customer Service
- > Information, Advice or Guidance
- > Lean Organisation Management
- > Team Leading
- > Workplace Violence & Harassment

## IT and Digital

---

- > Cyber Security
- > Data Protection & Security
- > Digital Promotion for Business

## Health and Social Care

---

- > Adult Social Care
- > Cancer Support
- > Care Planning
- > Common Health Conditions
- > Customer Service in Care
- > Dementia Care
- > Diabetes
- > Digital Skills in Care Settings
- > Dignity & Safeguarding in Adult Social Care
- > End of Life Care
- > Falls Prevention Awareness
- > Infection Control
- > Learning Disabilities
- > Nutrition & Health
- > Personal Care Needs
- > Safe Handling of Medication