

TQUK LEVEL 2

**CERTIFICATE IN SELF-HARM  
AND SUICIDE AWARENESS  
AND PREVENTION**





# The Course

Anyone can be at risk of developing suicidal feelings. These feelings can be heightened by varying factors such as changes in background, lifestyle or traumatic events. Suicide and self-harm can be a symptom of pre-existing mental health issues or an episode of mental distress. Also, it is important to be aware of any medications an individual may be feeling which could trigger these feelings. This course can help to develop key knowledge and understanding of Suicide and Self-Harm, allowing individuals to support those in their life who need it the most.



Lived in the EU  
for **3 years**



**Aged 19+** at the  
beginning of the  
academic year



You could study  
this course  
for **FREE!**



**Online**  
paper-based  
delivery

## Benefits

- Achieve a nationally recognised Level 2 qualification
- Improve your understanding of the reasons why individuals display behaviour that challenges and its impact
- Further your personal and professional development
- Be able to support individuals effectively
- Learn at a time that suits you without the need to attend college

## What you will learn

- Introduction to Suicide and Self-Harm Awareness
- Principles of Suicide and Self-Harm Prevention
- Recovering Signs of Suicide and Self-Harm in Individuals
- Support for Individuals when Dealing with Grief After Suicide

## How to Sign Up

Learners may be eligible for funding which means the course won't cost a thing to complete (subject to eligibility). There is a £125 cancellation fee if a learner enrolls and fails to complete or withdraws early from the course. This fee is to cover administration costs. We may be able to offer extensions if learners are unable to meet the set submission deadline. Please read the declaration on the enrolment form carefully before signing up.

## What happens after enrolment?

1. Submit your enrolment form and get instant access to begin your course
2. We'll process your funding application, and a tutor will be assigned to support you through your course
3. Receive text reminders when your work is due
4. Your work will be marked and returned to you within 7 days
5. Once you've submitted your work, we'll apply for your certificate

## How learners use this course

If you choose to do this Level 2 Course in Certificate In Self-Harm and Suicide Awareness and Prevention, it could lead to careers in Health and Social care. This is especially useful for careers like;

- **Mental Health Nurse Practitioner**
- **(£30,725 to £35,000)**
- **Mental Health Trainer**
- **(£24,464 to £28,127)**
- **Group Worker**

Certificate In Self-Harm and Suicide Awareness and Prevention can assist in the inclusivity within the workplace. This can also make your CV stand out and can prove beneficial for many different job roles.





### It was a great course...

It was a great course and I felt the information was easy to understand, well displayed and my tutor/assessor was full of information and encouraging feedback.

**Date of experience:** June 2022



### A great opportunity to complete a free course...

A great opportunity to complete a free course during my maternity leave. Very supportive tutor and telephone operators.

**Date of experience:** June 2022



### The tutor was always quick to respond...

The tutor was always quick to respond to any questions I had always helpful. I never felt under pressure and it was great to study at a steady pace. I enjoyed this so much that I am ready to enrol on another course!!

**Date of experience:** June 2022



### Amazing online course...

Fantastic support throughout the course. Learnt so much and well worth doing. Will make my job a lot easier and understand as much as I can what people with Dementia go through on a daily basis.

**Date of experience:** June 2022

